

**REVIEW HEALTH ASSESSMENTS for Children and Young People in
Care**

INFORMATION FOR SOCIAL WORKERS

Email: cicberkshireeast@berkshire.nhs.uk Slough Children First,
Bracknell Forest Council, Royal Borough of Windsor & Maidenhead (East Berkshire)

Email: cicberkshirewest@berkshire.nhs.uk Brighter Future for
Children, Wokingham Borough Council and West Berkshire Council (West Berkshire)

**The statutory responsibility for ensuring a child has a Review Health Assessment
(RHA) lies with the local authority.**

Review Health Assessments

Children under 5 years old – the RHA is completed every 6 months.

**Children and young people aged 5 to 17 years - the health assessment is
completed every year.**

- 12 weeks before the RHA is due the CIC RHA Coordinator will send an email to the Local Authorities admin email advising that an RHA is due and requesting an up-to-date PART A.
- The Part A should be:
 - Fully completed.
 - Include an up-to-date SDQ for children aged 4-16 years (Strengths and Difficulties Questionnaire) score, and date undertaken.
 - Include an update regarding the child or young person, current circumstances and concerns or issues.

**The Part A should be completed and returned via secure email to the RHA
Coordinator within 2 weeks.**

On receipt of the part A form the RHA coordinator will arrange the review health assessment with:-

- Health Visitor if the child is under 5 years.
- School Nurse if they are over 5 years and attending a state school.
- Community Children's Nurse for children placed in our area in Special schools.
- Specialist Nurses if the child/young person is not in education, or is aged 16 to 17 years, has complex issues, or is placed within a 20-mile radius of the Berkshire border.
- For children/young people placed outside the 20-mile border, the request will be sent to relevant out of area CIC team.

If there are exceptional circumstances that need to be considered around which professional does the health assessment and where the health assessment takes place, please contact the coordinator immediately.

Completed RHAs are quality checked by the Children and Young People in Care Nurse before a copy is emailed by secure email to Social Care. NB A letter from the Nurse will accompany the RHA and may include additional recommendations.

The health assessment should be reviewed by the Social Worker and the recommendations incorporated into the child's care plan. It should also be reviewed by the Independent Reviewing Officer at the child's statutory reviews. The Social Worker should give a copy of the assessment to the carer, young person and/or birth parents as appropriate.

If there are any queries, please contact:

- **Teresa Halliburton, RHA Coordinator for Children and young people in care EAST BERKSHIRE (Slough, Bracknell, Windsor & Maidenhead)**
Email: cicberkshireeast@berkshire.nhs.uk
- **Alicia Robinson, RHA Coordinator for Children and young people in care WEST BERKSHIRE (Reading, West Berks, Wokingham)**
Email: cicberkshirewest@berkshire.nhs.uk

Placement Changes:

The Social Worker should notify the BHFT (Berkshire Healthcare NHS Foundation Trust) Children in care team of any placement changes by completing a placement change form. If a RHA is due, the RHA coordinator will also request an updated PART A.

Reminder: The Social Worker also needs to notify the child's current GP, new GP, and the ICB (Integrated care board) if child is outside of Berkshire of any placement changes as well.